



A Disease Management Company specializing in Transition Care

Breathe Easy Program Outcomes

The institution of any program, requires some form of guide post or matrix to measure the success or failure, improvement or impact of said program. This continual monitoring allows us to see trends and make necessary changes to modify and further improve the program to provide the best possible outcomes for the skilled facility, the referring hospital, and most importantly the patient/resident.

The Following data and statistics was gathered over a one year period, (July 2015 to July 2016) and is concentrated to a single SNF who received patients that were designated for the program and followed by a specific hospital.

Method

During the aforementioned period, **there** were a total of 127 patient/residents admitted to BERS services.

Of that 127 patients/residents admitted (average age 71.6), a total of 35 were readmitted within 30 days back to the hospital which represents an All Cause Readmission Rate of 27.5% for the year.

The total Respiratory Related Readmission rate for the year is 16.5% as compared with the national readmission rate of approximately 21%, and consistently exhibits a downward trend since program inception.

Note: It is fair to note that the first several months of the program was an adjustment and acclimation period in which education and re-education of the SNFs and Home Health Care companies was initiated, as well as internal protocols to more efficiently execute the program.

Observation: If we look at the total and then break it down into the first 6 months and the last six month periods, the results are remarkable.

First Half results: (07/15-2/16)	Total Admissions to BERS	= 66	
	All Cause Readmissions	= 22	
	All Cause Readmissions %	= 33%	
	Respiratory Related Readmissions%	= 48%	
Second Half Results: (3/16-7/16)	Total Admissions to BERS	= 61	(% Change)
	All Cause Readmissions	= 13	
	All Cause Readmission %	= 21%	37%
	Respiratory Related Readmissions%	= 8%	84%

It should be further noted that this data also reflected that in that **last two months of this data there were 0 Respiratory Related Readmissions**, and although anecdotal, and speculative, it has been noted in other facilities as well, that once the BERS program is instituted and in place, there is a noticeable decrease in all cause readmission rates adding further benefit to the facility.

Conclusion

The implementation and execution of the Breathe Easy program as demonstrated above provides clear benefit to participating partners, particularly the SNFs and referring hospitals. Additional benefits such as reduction in all cause readmissions, and added marketing benefit to the skilled nursing facility to fill empty beds with higher acuity respiratory patients. **It should also be noted that similar results have been recognized in all facilities in which the Breathe Easy program has been executed.**